

Mrs. Perry's Preschool Dance Program

Hello! My name is Lauren Perry.

I have been teaching dance for twenty years and have worked professionally as a performer for the Walt Disney Company and other theatrical venues including experience as a ballroom dance instructor and competitor with Fred Astaire Studios. I have a passion for education that brought me to a degree in early childhood education and eight years experience as a preschool/pre-K instructor. I also have two preschool aged children of my very own whom I love sharing the gift of dance with! I am currently teaching dance at G-Force Dance company and with the Alliance for the Arts youth theater program. I am so excited to be able to bring a dance program to your child's school! My approach to dance education at this age is to encourage, entertain, and inspire a love of dance that will carry your child through life whether they choose to continue professionally or recreationally.

My preschool program is designed for children ages 3 to 5 years. Using developmentally appropriate techniques, including balance between structured and unstructured movement and switching activities often to keep your child engaged, I will introduce the basics of ballet, tap and jazz. Your child will dance to familiar songs from their favorite characters and use various props to enhance their movement and rhythm. Most of all, they will have FUN! I love dancing and I hope they will come to love it as well!

My toddler program is uniquely designed for children aged 18 months to 2 years and is a mixture of creative movement, pre-ballet/tap, and listen and follow songs (such as happy and you know it). Your toddler will have a blast making noise with maracas, waving colorful scarves and following along as their favorite characters teach fun dances!

With both programs, your child will learn a routine that they will be able to perform for you at the end of the year! Toddlers will perform a "listen and follow" routine guided by me and preschool aged children will perform both a tap and ballet dance!

I look so forward to meeting all of you and to teaching your children! If you have any questions at all, please feel free to contact me at MrsPerrysPreschoolDance@gmail.com

-Lauren Perry