

October

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------|---|--|--|---|---|
| 10 a.m. snack | Juice, stone ground whole wheat crackers | Juice, stone ground whole wheat crackers | Juice, stone ground whole wheat crackers | Juice, stone ground whole wheat crackers | Juice, stone ground whole wheat crackers |
| Week 1 | Meatballs Carrots Cucumber Fruit Bread/Milk | Mac-N-Cheese Green Beans Carrots Fruit Bread/Milk | Chicken Pot Pie Peas & Carrots Celery Fruit Biscuits/Milk | Fettucine Alfredo Broccoli Cucumber Fruit Bread/Milk | Tacos Cauliflower Tomatoes Fruit Milk |
| Week 2 | Closed for Staff Training Columbus Day | Butter Noodles Cauliflower Carrot Sticks Fruit Bread Milk | Shepherds Pie Mashed Potatoes Tomatoes Fruit Bread Milk | Tuna Casserole Peas Cucumber Fruit Biscuits Milk | Meatloaf Green Beans Celery Fruit Bread Milk |
| Week 3 | Chicken Noodle Soup Carrots Cucumber Fruit Milk/Crackers | Fish Sticks Green Beans Carrot Sticks Fruit Bread/Milk | Taco Salad Peas Tomatoes Fruit Bread Milk | Sweet-N-Sour Pork Broccoli Celery Fruit Bread Milk | Spaghetti & Meatballs Cauliflower Cucumbers Fruit Bread Milk |
| Week 4 | Chicken Nuggets Broccoli Tomatoes Fruit Bread Milk | Hamburgers Peas Cucumbers Fruit Bread Milk | Mac-N-Cheese Cauliflower Carrots Fruit Bread Milk | Italian Chicken Rice Green Beans Celery Fruit/Bread Milk | Pizza Muffins Peas Cucumbers Fruit Milk |
| Week 5 | Beef Veggie Soup Hot Carrots Celery Fruit Crackers Milk | Grilled Cheese Tomato Soup Carrot Sticks Fruit Milk | Stuffed Peppers Cauliflower Cucumber Fruit Bread Milk | Lasagna Green Beans Salad Fruit Bread Milk | Pizza Muffins Peas Cucumbers Fruit Milk |
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TODDLERS: UNDER 24 MONTHS
Vegetables are steamed & cut up in bite-size pieces to be served with lunch or snack

Whole milk will be served at lunch to children under the age of 24 months.

No popcorn, raisins, corn kernels, raw carrots, whole grapes, seeds or raw peas will be served to children under the age of 24 months.

All juice is 100% juice:
Juice choices are:
orange, white grape and apple