

October

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Fried Rice Peas & Carrots Cucumber Slices Mandarian Oranges Buttered Bread Milk	4 Beef Enchiladas Broccoli Baby Carrots Pears Buttered Bread Milk	5 Mac N Cheese Mixed Veggies Cucumber Slices Cinnamon Applesauce Buttered Bread Milk	6 Pasta w/ Meatballs Steamed Cauliflower Baby Carrots Pineapple Buttered Bread Milk	7 Fish Sticks Peas Cucumber Slices Mandarian Oranges Buttered Bread Milk
10 No School Happy Columbus Day!	11 Beef Mostaccioli Mixed Veggies Diced Tomatoes Applesauce Mexican Rice Milk	12 Grilled Cheese Tomato Soup Cucumber Slices Pears Buttered Bread Milk	13 Sloppy Joes Steamed Cauliflower Baby Carrots Mandarian Oranges Buttered Bread Milk	14 Cheesy Tuna Noodles Steamed Peas Cucumber Slices Pineapple Buttered Bread Milk
17 Chicken Nuggets Green Beans Cucumber Slices Cinnamon Applesauce Buttered Bread Milk	18 Beef Spaghetti Steamed Broccoli Baby Carrots Mandarian Oranges Buttered Bread Milk	19 Cheese Pizza Mixed Veggies Cucumber Slices Pears Buttered Bread Milk	20 Meatloaf Steamed Cauliflower Baby Carrots Pineapple Buttered Bread Milk	21 BBQ Pork Steamed Peas Cucumber Slices Applesauce Buttered Bread Milk
24 Chicken Alfredo Peas & Carrots Cucumber Slices Pears Buttered Bread Milk	25 Sloppy Joes Green Beans Baby Carrots Cinnamon Applesauce Buttered Bread Milk	26 Cheesy Scrambled Mixed Veggies Cucumber Slices Pineapple Buttered Bread Milk	27 Taco Salad Steamed Peas Diced Tomatoes Mandarian Oranges Chips & Salsa Milk	29 Sweet n Sour Pork Steamed Cauliflower Cucumber Slices Pears Buttered Bread Milk
31 Chicken Parmesan Cauliflower Cucumber Slices Mandarian Oranges Buttered Bread Milk				

October 3rd Monday	October 4th Tuesday	October 5th Wednesday	October 6th Thursday	October 7th Friday
<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk
<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers
<u>Lunch</u> Poultry Chicken Fried Rice Peas & Carrots Cucumber Slices Mandarian Oranges Buttered Bread Milk	<u>Lunch</u> Pasta/Beef Beef Enchiladas Broccoli Baby Carrots Pears Buttered Bread Milk	<u>Lunch</u> Eggs/Cheese Mac N Cheese Sloppy Joes Cucumber Slices Cinnamon Applesauce Buttered Bread Milk	<u>Lunch</u> Beef/Pork Pasta w/ Meatballs Steamed Cailflower Baby Carrots Pineapple Buttered Bread Milk	<u>Lunch</u> Fish/Pork Fish Sticks Peas Cucumber Slices Mandarian Oranges Buttered Bread Milk
<u>PM Snack</u> Water Carrots w/ Ranch	<u>PM Snack</u> Water Veggie Staws	<u>PM Snack</u> Water English Muffins w/ Jelly	<u>PM Snack</u> Water Pretzels	<u>PM Snack</u> Water Goldfish & Raisins

All Juice is 100% Juice. Juice choices are Orange and Apple. No more than 4 oz of juice in the morning. Water is served with PM snack. Vegetables are steamed and cut into bite-sized pieces for toddlers under 24 months. No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds and raw peas will be served to toddlers under 24 months. Mixed veggies will be replaced with green beans for toddlers under 24 months of age.

*** Bobbie Noonan is a peanut free building***

October 10th Monday	October 11th Tuesday	October 12th Wednesday	October 13th Thursday	October 14th Friday
<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk
<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers
<u>Lunch</u> Poultry No School Happy Colubus Day!	<u>Lunch</u> Pasta/Beef Beef Mostaccoli Mixed Veggies Diced Tomatoes Applesauce Mexican Rice Milk	<u>Lunch</u> Eggs/Cheese Grilled Cheese Tomato Soup Cucumber Slices Pears Buttered Bread Milk	<u>Lunch</u> Beef/Pork #REF! Steamed Cailflower Baby Carrots Mandarian Oranges Buttered Bread Milk	<u>Lunch</u> Fish/Pork Fish Sticks Steamed Peas Cucumber Slices Pineapple Buttered Bread Milk
<u>PM Snack</u> Water Trail Mix	<u>PM Snack</u> Water Goldfish & Carrots w/ Ranch	<u>PM Snack</u> Water Chips & Salsa	<u>PM Snack</u> Water Bagels w/ Cream Cheese	<u>PM Snack</u> Water Cheese Sticks

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October 17th Monday	October 18th Tuesday	October 19th Wednesday	October 20th Thursday	October 21st Friday
<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk
<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers
<u>Lunch</u> Poultry Chicken Nuggets Green Beans Cucumber Slices Cinnamon Applesauce Buttered Bread Milk	<u>Lunch</u> Pasta/Beef Beef Spaghetti Steamed Broccoli Baby Carrots Mandarian Oranges Buttered Bread Milk	<u>Lunch</u> Eggs/Cheese Cheese Pizza Mixed Veggies Cucumber Slices Pears Buttered Bread Milk	<u>Lunch</u> Beef/Pork Meatloaf Steamed Cauliflower Baby Carrots Pineapple Buttered Bread Milk	<u>Lunch</u> Fish/Pork BBQ Pork Steamed Peas Cucumber Slices Applesauce Buttered Bread Milk
<u>PM Snack</u> Water Pretzels	<u>PM Snack</u> Water Veggie Straws	<u>PM Snack</u> Water Rice Cakes w/ Jelly	<u>PM Snack</u> Water Goldfish & Raw Veggies w/ Ranch	<u>PM Snack</u> Water Yogurt

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October 24th Monday	October 25th Tuesday	October 26th Wednesday	October 27th Thursday	October 28th Friday
<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk
<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers
<u>Lunch</u> Poultry Chicken Alfredo Peas & Carrots Cucumber Slices Pears Buttered Bread Milk	<u>Lunch</u> Pasta/Beef Sloppy Joes Green Beans Baby Carrots Cinnamon Applesauce Buttered Bread Milk	<u>Lunch</u> Eggs/Cheese Cheesy Scrambled Eggs Mixed Veggies Cucumber Slices Pineapple Buttered Bread Milk	<u>Lunch</u> Beef/Pork Taco Salad Steamed Peas Diced Tomatoes Mandarian Oranges Chips & Salsa Milk	<u>Lunch</u> Fish/Pork Sweet n Sour Pork Steamed Cauliflower Cucumber Slices Pears Buttered Bread Milk
<u>PM Snack</u> Water Chips & Salsa	<u>PM Snack</u> Water Cheese Sticks	<u>PM Snack</u> Water Trail Mix	<u>PM Snack</u> Water Carrots w/ Ranch	<u>PM Snack</u> Water Goldfish & Cherry Tomatoes

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October 31st**Monday****Breakfast**

Choice of Cold Cereal,
Toast, Fruit and Milk

AM Snack

Choice of Apple or
Orange Juice
Wheat Crackers

Lunch

Poultry

Chicken Parmesan
Cauliflower
Cucumber Slices
Mandarian Oranges
Buttered Bread
Milk

PM Snack

Water
Gold Fish & Raisins

Tuesday**Breakfast**

Choice of Cold Cereal,
Toast, Fruit and Milk

AM Snack

Choice of Apple or
Orange Juice
Wheat Crackers

Lunch

Pasta/Beef

PM Snack

Water

Wednesday**Breakfast**

Choice of Cold Cereal,
Toast, Fruit and Milk

AM Snack

Choice of Apple or
Orange Juice
Wheat Crackers

Lunch

Eggs/Cheese

PM Snack

Water

Thursday**Breakfast**

Choice of Cold Cereal,
Toast, Fruit and Milk

AM Snack

Choice of Apple or
Orange Juice
Wheat Crackers

Lunch

Beef/Pork

PM Snack

Water

Friday**Breakfast**

Choice of Cold Cereal,
Toast, Fruit and Milk

AM Snack

Choice of Apple or
Orange Juice
Wheat Crackers

Lunch

Fish/Pork

PM Snack

Water

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