

MONTHLY MENU - JANUARY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 a.m. snack	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers
Week 1		Butter Noodles Tomatoes Green Beans Fruit Bread & Milk	Grilled Cheese Tomato Soup Cucumber Fruit Milk	Pizza Muffins Broccoli Carrots Fruit Milk	Hamburgers Tomato Green Beans Fruit Bre/Milk
Week 2	Parmesan Noodles Broccoli Tomatoes Fruit Bread Milk	Tacos Peas Celery Fruit Milk	Turkey Mashed Potatoes Cucumbers Fruit Bread Milk	Pulled Pork Green Beans Cucumber Fruit Milk	Lasagna Cauliflower Salad Fruit Bread Milk
Week 3	Mac-n-Cheese Broccoli Carrot Sticks Fruit Bread Milk	Garlic Chicken Green Beans Cucumbers Fruit Bread Milk	Veggie Soup Hot Carrots Celery Fruit Crackers Milk	Grilled Cheese Tomatoe Soup Carrot Sticks Fruit Crackers Milk	Fish Sticks Peas Tomato Wedges Fruit Bread Milk
Week 4	Chicken Nuggets Hot Carrots Cucumbers Fruit Bread Milk	Shepards Pot Pie Potatoes & Peas Celery Fruit Bread & Milk	Meatballs Broccoli Salad Fruit Bread Milk	Turkey Rice Green Beans Tomatoes Fruit Bread & Milk	Pizza Bread Cauliflower Carrot Sticks Fruit Milk
Week 5	Meatloaf Potatoes Cucumbers Fruit Bread Milk	Chicken Noodle Soup Hot Carrots Celery Fruit Crackers Milk	Hamburgers Peas Carrot Sticks Fruit Milk		
p.m. snack					

TODDLERS: UNDER 24 MONTHS

Vegetables are steamed & cut up in bite-size pieces to be served with lunch or snack

Whole milk will be served at lunch to children under the age of 24 months.

No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds, raw peas, or peanut butter will be served to children under the age of 24 months.

Mixed vegetables will be replaced with green beans for children under the age of 24 months

All juice is 100% juice:
Juice choices are:
grapes, nuts, seeds, raw and apple