

Bobbie Noonan's Childcare
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Mrs. Lauren and Ms. Ruby

Nursery News



**Weeks 23 and 24: January 16th-20th and
23rd-27th, 2023**

Theme: Healthy Kids

Introductions:

Colors– Pink and White

Review:

All that we have learned so far!



Language Arts: As a class, we will be discussing the importance of healthy eating, staying clean, getting the right amount of sleep, and exercising our growing bodies. Do you like fruits and vegetables? Our class will explore fun songs to help us learn about making healthy choices at home and at school. We will also look at picture files of healthy foods and many other healthy habits. We will read all sorts of books to learn about our exciting theme.

Craft and Writing: Fruit salad is yummy! Our little artists will create special fruit and vegetable crafts to take home.

Concept: “Brush, brush, brush your teeth right now. Up and down, round and round. I like to brush my teeth”. We will talk about the importance of making sure that we brush our teeth everyday, at least twice a day. The children will enjoy playing with the water table as they wash dishes.

Motor: “Here’s my head, here’s my nose. See my hands, touch my toes. Reach up with my fingers, high as they can go”. It is very important to exercise in order to keep our bodies healthy. The children will stretch and dance to some favorite songs on the tumbling mat. The children will also enjoy a fun obstacle course using stairs and the balance beam.

Notes to Parents:

- **Martin Luther King Jr. Day is Monday, January 16th. We will be discussing his importance to the world!**
- **Just a reminder, we have open registration for our Summer Camp and 2023-2024 school year. The summer activity fee is \$30.00 and the Fall registration fee is \$100.00 single child/\$150.00 for a family. Please ask with any questions!!**
- **If your child wears snow boots to school, please make sure to bring an extra pair of gym shoes for them to change into in their backpack. Thank you!**
- **Please remember to bring your winter gear for playing outside. We require snow pants, boots, gloves, hats, mittens, and scarves for outdoor play! We do take the children out if it's 25 degrees or above. Thank you!**
- **Parents, please remember to label winter gear, extra clothes, blankets, and cot sheets.**
- **Please remember to check your child's backpack or folder to see if he/she needs anything to bring for school and please check backpacks often for important paperwork.**