

October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 a.m. snack	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers
Week 1	Meatballs Carrots Cucumber Fruit Bread/Milk	Chicken Pot Pie Peas & Carrots Celery Fruit Biscuits/Milk	Mac-N-Cheese Green Beans Carrots Fruit Bread/Milk	Tacos Cauliflower Tomatoes Fruit Milk	Fettucine Alfredo Broccoli Cucumbers Fruit Bread/Milk
Week 2	Closed for Staff Training  Columbus Day	Shepherds Pie Mashed Potatoes Tomatoes Fruit Bread Milk	Butter Noodles Cauliflower Carrot Sticks Fruit Bread Milk	Tuna Casserole Peas Cucumber Fruit Biscuits Milk	Meatloaf Green Beans Celery Fruit Bread Milk
Week 3	Chicken Noodle Soup <b>Carrots</b> Cucumber Fruit Milk/Crackers	Taco Salad Peas Tomatoes Fruit Bread Milk	Fish Sticks Green Beans Carrot Sticks Fruit Bread Milk	Sweet-N-Sour Pork Broccoli Celery Fruit Bread Milk	Turkey Broccoli Cucumbers Fruit Bread Milk
Week 4	Chicken Nuggets Broccoli Tomatoes Fruit Bread Milk	Hamburgers Peas Cucumbers Fruit Bread Milk	Mac-N-Cheese Cauliflower Carrots Fruit Bread Milk	Italian Chicken Rice Green Beans Celery Fruit/Bread Milk	Pizza Muffins Peas Cucumbers Fruit Milk
Week 5	Chicken Parm Hot Carrots Cucumbers Fruit Crackers Milk	Grilled Cheese Tomato Soup Carrot Sticks Fruit Milk	Turkey Green Beans Celery Fruit Bread Milk	Stuffed Peppers Cauliflower Cucumbers Fruit Bread Milk	BBQ Pork Peas Tomatoes Fruit Bread Milk

TODDLERS: UNDER 24 MONTHS  
Vegetables are steamed & cut up in bite-size pieces to be served with lunch or snack

Whole milk will be served at lunch to children under the age of 24 months.

No popcorn, raisins, corn kernels, raw carrots, whole grapes, seeds or raw peas will be served to children under the age of 24 months.

All juice is 100% juice:  
Juice choices are:  
orange, white grape and apple