	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	_
10 a.m.		Juice, stone ground	Juice, stone ground	Juice, stone ground	Juice, stone ground	TODDLERS: UNDER 24 MONTHS
snack	whole wheat	whole wheat	whole wheat	whole wheat	whole wheat	Vegetables are steamed &
	crackers	crackers	crackers	crackers	crackers	cut up in bite-size pieces to
Week 1					Alfredo	be served with lunch or snack
					Green Beans	
					Carrot Sticks	Whole milk will be served
					Fruit	at lunch to children under
					Bread/Milk	the age of 24 months.
Week 2	Turkey	Mac-N-Cheese	Italian Chicken	Meat Loaf	Pizza Muffins	
	Carrots	Carrots	Hot Carrots	Mashed Potatoes	Green Beans	No popcorn, raisins, corn
	Sweet Potato	Broccoli	Tomatoes	Cauliflower	Cucumbers	kernels, raw carrots, whole
	Fruit'	Fruit	Rice	Celery	Fruit	grapes, nuts, seeds, raw
	Bread	Bread	Fruit	Fruit	Milk	peas, or peanut butter will
	Milk	Milk	Bread/Milk	Bread/Milk		be served to children under
Week 3	Chicken Fajita	Cheeseburger	Spaghetti	Pulled Pork	Fish Sticks	the age of 24 months.
	Rice	Casserole	Hot Carrots	Green Beans	Peas	
	Cauliflower	Broccoli	Tomatoes	Celery	Cucumbers	Mixed vegetables will be
	Fruit	Carrot Sticks	Fruit	Fruit	Fruit	replaced with green beans
	Bread	Fruit	Bread	Bread	Bread	for children under the age
	Milk	Bread/Milk	Milk	Milk	Milk	of 24 months
Week 4	Chicken Nuggets	Turkey w/ Rice	Grilled Cheese	Taco Salad	Mostaccioli	
	Green Beans	Hot Carrots	Tomato Soup	Tomatoes	Broccoli	All juice is 100% juice:
	Carrot Sticks	Cucumbers	Celery	Cauliflower	Salad	Juice choices are:
	Fruit	Fruit	Fruit	Fruit	Fruit	grapes, nuts, seeds, raw
	Bread	Bread & Milk	Milk	Bread	Bread	and apple
	Milk			Milk	Milk	
Week 5	Chicken Fettuccini	Pizza Muffins	Tacos	Chicken Noodle	Grilled Cheese	
	Broccoli	Green Beans	Peas	Soup	Tomato Soup	
	Tomatoes	Carrot Sticks	Cucumber	Celery	Cauliflower	
	Fruit	Fruit	Fruit	Hot Carrots	Fruit	
	Bread	Bread	Bread	Fruit	Milk	
	Milk	Milk	Milk	Crackers/Milk		
p.m.]
snack	Water	Water	Water	Water	Water	
	Salsa & Chips	Goldfish Crackers	Cheese & Crackers	Popcorn (ages 3 & up) Veggie Straws	
				Cheerios (15 Mo. & 2'	s)	